

## **PACKING LIST – READ BOTH SIDES OF PAPER IN FULL**

### **ALL CANDIDATES MUST ARRIVE WEARING:**

1. Male style black “Dickie” or “Docker” type pants
2. Male style black t-shirt
3. Gray sweatshirt no hood
4. Black baseball cap
5. Black socks
6. Black, gray or white Running shoes
7. Males must be clean shaven and have their hair cut to a #1 clip

### **REMOVE ALL BODY PIERCINGS AND JEWELRY OF ANY KIND BEFORE ARRIVING.**

**SHOPPING TIPS:** Go shopping as soon as you receive the acceptance packet. **DO NOT WAIT!** Some things are harder to find because they are out of season. You may have to order on line if you can’t find anything local. **NO baggy OR tight clothing is allowed.**

### **PLEASE NOTE:**

- Write your first and last name on the inside of ALL of your items with a permanent laundry marker.
- You do not need to bring NEW clothes, you may bring things that you already have.
- No large sized name brand logos on the outside of any item.
- Bring all your belongings in a large STURDY plastic Hefty bag. Double bag to avoid breakage if necessary.
- Do not bring suitcases, duffel bags, purses or wallets.
- Unauthorized items will be sent home.

### **REQUIRED CLOTHING AND SCHOOL ITEMS FOR ALL CANDIDATES:**

- \_\_\_ 2 pairs of light gray cotton sweat shorts w/drawstring  
NO POCKETS or basketball shorts. No more than 1 inch above or below the knee
- \_\_\_ 2 pairs of light gray cotton sweatpants NO POCKETS
- \_\_\_ 2 light gray cotton sweatshirts NO HOODS, POCKETS OR ZIPPERS
- \_\_\_ 6 plain black t-shirts (Crew neck only NO V-neck)
- \_\_\_ 1 pair of Male style, “Dickie” or “Docker” type black pants – not baggy – not too tight – NO JEANS
- \_\_\_ 10 pairs of plain black crew socks (mid-calf length only)
- \_\_\_ 2 pairs of black athletic spandex compression shorts
- \_\_\_ 2 ALL black baseball caps NO logo
- \_\_\_ 1 pair of black, white or grey good quality running shoes
- \_\_\_ 1 pair of shower shoes (Soccer Style)
- \_\_\_ 1 black Kiwi shoe polish kit
- \_\_\_ 1 set of gel insoles for your boots
- \_\_\_ 1 book of postage stamps
- \_\_\_ 1 box of envelopes
- \_\_\_ 1 one inch 3 ring binder
- \_\_\_ 1 black 3-inch 3 ring zipper binder
- \_\_\_ California ID card/driver’s license (HAND CARRY)
- \_\_\_ Mentor phone numbers and address on a 3x5 index card (HAND CARRY)

<b>If you can only find sweats with pockets, SEW THEM CLOSED.</b>
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**REQUIRED PERSONAL HYGIENE FOR ALL CANDIDATES:** (No alcohol or aerosol based products)

- \_\_\_ 1 hygiene bag
- \_\_\_ 1 toothbrush
- \_\_\_ 1 LARGE tube of toothpaste
- \_\_\_ 1 toothbrush holder
- \_\_\_ 1 nail clippers (NO nail file, if it has one, break it off)
- \_\_\_ 1 large bottle of unscented sunscreen (NO Spray type)
- \_\_\_ 2 unflavored chapsticks w/SPF
- \_\_\_ 2 sticks of unscented deodorant
- \_\_\_ 2 bars of soap
- \_\_\_ 1 soap holder
- \_\_\_ 1 large shampoo
- \_\_\_ 1 large bottle of liquid laundry detergent
- \_\_\_ 2 dark green towels

**ADDITIONAL REQUIRED ITEMS FOR MALE CANDIDATES ONLY:**

- \_\_\_ 6 pairs of black, white, and/or gray cotton boxer briefs
- \_\_\_ 1 can of shaving cream (Non-gel type)
- \_\_\_ 4-8 disposable razors

**ADDITIONAL REQUIRED ITEMS FOR FEMALE CANDIDATES ONLY:**

- \_\_\_ 6 pairs of solid colored cotton underwear – NO THONG OR LINGERIE TYPE
- \_\_\_ 1 box of pads and/or tampons
- \_\_\_ 5 WIRELESS sports bras - NO regular bras
- \_\_\_ 2 large packs black hair ties
- \_\_\_ 1 pack of bobby pins
- \_\_\_ 1 hairbrush - NO styling hairbrushes
- \_\_\_ 1 comb
- \_\_\_ 1 large conditioner
- \_\_\_ 1 large container hair gel

**OPTIONAL ITEMS for ALL CANDIDATES:**

- \_\_\_ 1 bottle of unscented medicated face cream
- \_\_\_ 1 bottle of unscented body lotion
- \_\_\_ 1 spiritual or other motivational book
- \_\_\_ Maximum of 10 personal photos (no visible tobacco, alcohol, drugs, nudity, or gang signs)